



To parents and guardians

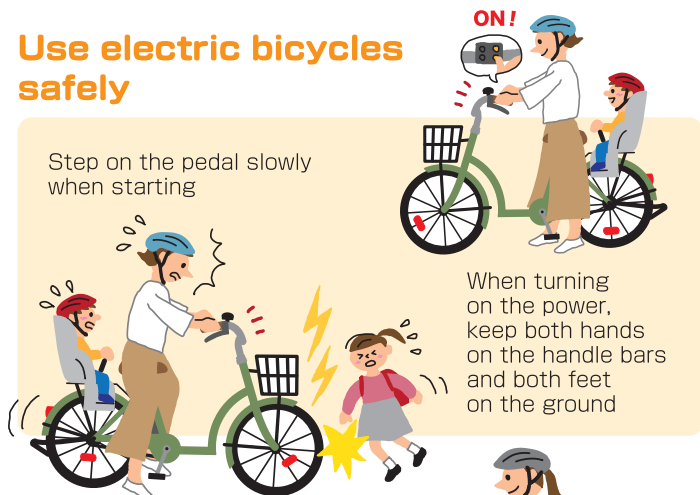
When you are riding a bicycle with your child  
Follow the Rules

Bicycles are now also subject  
to enforcement of traffic laws.

# It's up to you to protect your child

## Use electric bicycles safely

Step on the pedal slowly  
when starting



When turning  
on the power,  
keep both hands  
on the handle bars  
and both feet  
on the ground

Do not carry  
a child  
on your front.



## It is mandatory for bicycle users to take out liability insurance for accidents\* while using a bicycle!

In bicycle accidents, a third party could also be injured, so as a precaution everyone must take out insurance.

\*Accident insurance for liability coverage in the event of death or bodily injury to a third party caused when using a bicycle.

- Bicycle users are required to take out accident insurance for liability coverage in the event of death or bodily injury to a third party caused when using a bicycle.

(Tokyo Metropolitan Ordinance on the Promotion of the Safe and Appropriate use of Bicycles, Article 27)

- When a minor uses a bicycle, the guardian must take out accident insurance for liability coverage in the event of death or bodily injury to a third party caused when using a bicycle.

(Tokyo Metropolitan Ordinance on the Promotion of the Safe and Appropriate use of Bicycles, Article 27-2)

Insurance for third party accident liability while using a bicycle can be taken out as an add-on option to other insurance policies such as accident, fire, or car insurance. Also, there is insurance that come with the TS (Traffic Safety) mark sticker attached to bicycles that have been inspected and maintained by shops registered with the Japan Traffic Management Technology Association. Please check to see if you are already covered by your current insurance policy. For details, please contact the insurance company or insurance agency.

### Example of liability when a bicycle rider caused an accident

A fifth-grade boy who was cycling down a slope collided with a woman because he was not looking ahead carefully. The woman fractured her skull and remains unconscious. The court found his guardian to be liable and ordered compensation of about 95 million yen. (July 4, 2013 ruling, Kobe District Court)

## Choose a bicycle that meets industry standards when riding with two children

When riding a bicycle with two children, use a "double child-seat bicycle" that meets with the industry standards (BAA or SG + Double Child-Seat marks) - do not ride with two children on a regular bicycle that has been equipped with two child-seats.

\*"Child" here refers to children younger than elementary school age



BAA mark



SG mark

幼児2人同乗基準適合車  
社団法人自転車協会

Double Child-Seat  
Bicycle mark



### ⚠ ATTENTION

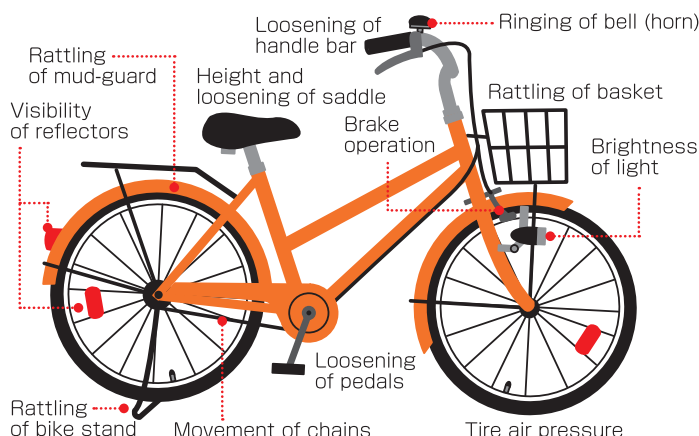
- Be sure to fasten the child passenger seatbelt.
- Do not leave the bicycle unattended when the child is seated.

## Let's wear helmets

- All persons riding a bicycle must endeavor to wear a helmet.  
(Road Traffic Act, Article 63-11)(Tokyo Metropolitan Ordinance on the Promotion of the Safe and Appropriate use of Bicycles, Article 19)
- About 65% of cycling fatalities are caused by head injuries.  
\* Metropolitan Police Department statistics (2019 - 2023)

## Inspection and maintenance

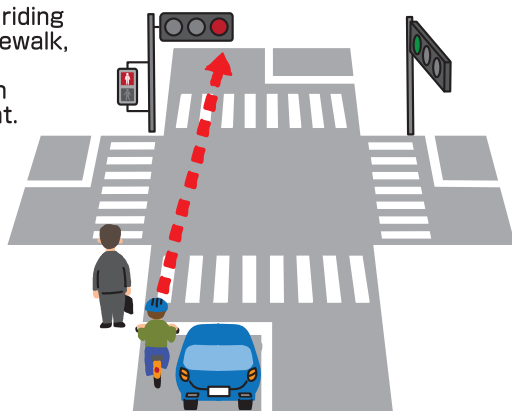
Check and maintain your bicycle on a daily basis. Also, have your bicycle checked and maintained once a year at the bicycle shop.



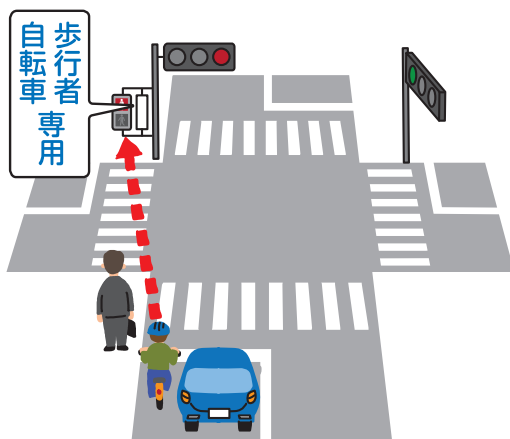
# Let's review the bicycle rules again

If there is no "Pedestrian and Bicycles Only" sign on the traffic light you must follow the traffic light for vehicles

If you are riding on the sidewalk, follow the pedestrian traffic light.

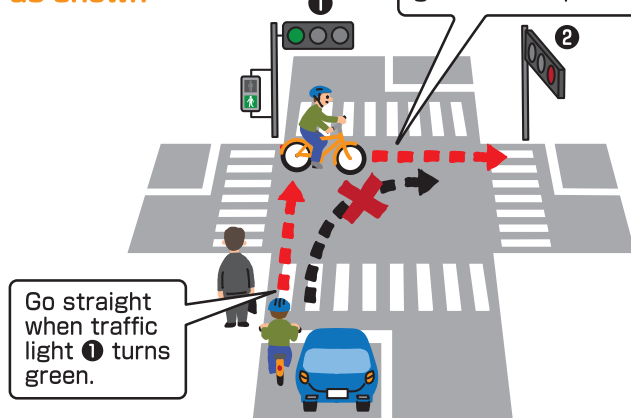


When there is a "Pedestrian and Bicycles Only" sign on the traffic light you must follow that traffic light

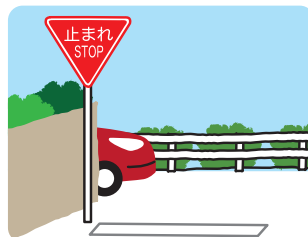


When making a right turn, you must make the turn as shown

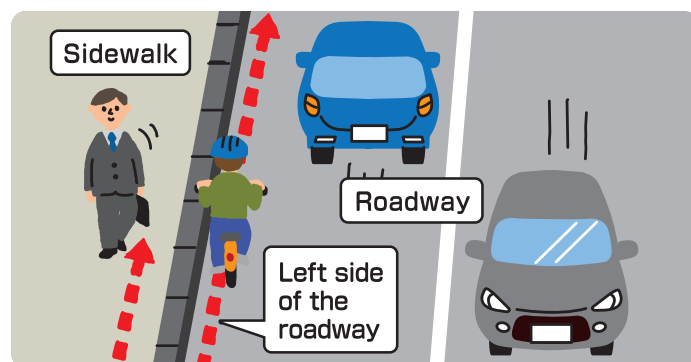
Change direction to face right, and wait for traffic light ② to turn green before proceeding.



Safety must be observed by following road signs and signals, and proceeding at a speed that can allow you to stop immediately.



On roads where the roadway and sidewalk are separated, as a general rule, the bicycle must run on the roadway



Must use the left side of the roadway

When riding on the sidewalk, stay near the road and proceed at the safe speed. Stop whenever there is the possibility of blocking pedestrian passage.



歩行者優先

**Riding on the sidewalk is allowed:**

- When a road sign indicates that the bicycle can pass on the sidewalk
- When it is unavoidable to ensure the safety of bicycle traffic Etc.

To learn more about bicycle rules and manners...  
**Rin-tore Tokyo Bicycle Safety Learning App**

Clearly explained by animation and CG!

Learn from a virtual experience of bicycle riding!

Take a test to get certified!  
Certification has various benefits!

Can be used from a smartphone or tablet. Download the app here.



When riding a bicycle, avoid dangerous riding behavior and also pay close attention to the movement of cars to your sides and behind you.

The Tokyo Metropolitan Ordinance on the Promotion of the Safe and Appropriate Use of Bicycles stipulates provisions such as taking out bicycle liability insurance and wearing a helmet.

Issued March 2025 Leaflet for promotion and public awareness regarding safe use of bicycles  
Edited and issued by: Tokyo Metropolitan Government Inquiries by phone: 03-5388-3123

See a video about the importance of bicycle helmets!  
"Helmet OK? Put it on and GO!"

